



Oasis Energy Solutions, LLC

Patty Koljonen

*Life Energy Coach, Reiki Healer,
End of Life Doula, Spiritual Retreat Creator*

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CLIENT POLICY AGREEMENT

Definitions:

Coach: A person who empathetically helps the client see the highest potential within themselves so they can call it out, and into being, in a judgment-free environment. They encourage the client to inspire themselves, in the creative process, to set visions and measurable goals that improve their thoughts, actions and beliefs, which result in optimal performance and quality of life. The coach helps the client set realistic accountability standards for themselves.

Reiki Healer: A person who uses their hands to improve and balance energy throughout and around the body; promoting relaxation, reducing stress, and improving overall health.

End-of-Life Doula: A person who guides the dying and their loved ones to live the best life they can through the end-of-life season; giving the dying peace of mind so they can leave; and giving peace of mind to the living so they can live.

Spiritual Retreat Writer and Presenter: I listen for and receive spiritual direction from God regarding spiritual topics to write weekend retreat content. I create weekend retreats and spiritual teachings and studies; complete with teachings, self-reflection, self-care, and music that encourage people to become spiritually alive.

Client: A person who is solely responsible for their own physical, mental, and emotional health and well-being in all aspects. The client is open and willing to explore, create and implement their own decisions and actions, which improve their quality of life, with the guidance of a paid coaching relationship. The client is committed to taken action and hold themselves accountable.

WHY OASIS ENERGY SOLUTIONS?

It is my honor to utilize my knowledge, gifts, skills, and experiences to assist, guide and coach you to discover, confirm, regain and/or believe that you are more than what you previously thought or were told. Through a series of insightful and purposeful questions, we will start the journey.

The goal is to shed old beliefs, thought patterns and ways of doing and being, so we can focus our energy where it is most serving to your purpose and desire. My desire to help you help yourself to live fully alive for as long as you live.

COACH - CLIENT POLICY AGREEMENT

Name: _____

Session Date: _____

Session Time: _____

Sessions by Appointment

How will we meet? In-Person Zoom

Coach-Client Agreement

- 1. Code of Ethics:** Coach agrees to abide by attached Code of Ethics.

- 2. Confidentiality:** Client understands that ALL SESSIONS ARE CONFIDENTIAL. The only exception to this is to alert appropriate authorities if a client is a danger to themselves or others. Client understands and agrees that certain topics may be anonymously and hypothetically shared with other coaching professionals for training or consultation purposes to enhance the health of client.

3. Fees and Payments:

FEES

Service	Rate	Unit
A. Coaching Session	\$50	Half Hour
B. Reiki/Energy Healing Session	\$75	Hour
C. Session Report	\$75	Each
D. Doula Services	TBD	TBD
E. Retreat Writer/Presenter	\$100	Per attendee

PAYMENT METHODS

- a. Checks payable to Oasis Energy Solutions, LLC
- b. Cash
- c. Venmo

4. Credentials:

- | | |
|-----------------|---------------------------------|
| a. Coach | Anoka Ramsey Community College |
| b. Reiki Healer | Euphoric Source; Melissa Graves |

- c. End-of-Life Doula International Inelda End-Of-Life Doula Association
5. **Scope of Practice: Encourage** people through several modalities to promote, create and live a healthy lifestyle; physically, mentally, financially, relationally, and spiritually.
 6. **Cancellation Policy:** In honor of both the coach and the client, a 24-Hour Advanced Notice is required for all cancellations and changes to sessions. Client who no-show or do not give a 24-Hour Advanced Notice will be charged for that session. Clients who arrive late or calling late will receive their remaining scheduled time only; and will be charged for the Full Session.
 7. **Substance Free:** Client agrees to come to session Substance Free and ready to participate, with an honest and authentic approach. If Client does not come to session Substance Free and/or Ready to Participate, the session will be cancelled, and Client understands and agrees that NO refund of Session Fees will be given. No Exceptions.
 8. **Fragrance Free:**
 9. **Termination of Agreement:** Coach and Client understand and agree that Client may terminate or discontinue coaching at any time. *Note Exception: Substance Free Agreement*
 10. **Personal Responsibility:** Client understands and agrees that they are solely responsible to their own health and well-being within this coaching relationship, and is responsible for their own growth and development, through their thoughts, choices, decisions, actions, and inactions that arise from these coaching sessions.
 11. **Release of Liability:** Client understands and agrees that coaching does not involve the diagnosis or treatment of medical or mental disorders as defined by the American Medical Association or American Psychiatric Association. Client understands that coaching is not a substitute for a medical professional or counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and will not use it in place of any form of diagnosis, treatment, or therapy. Client agrees to seek independent professional guidance for legal, medical, financial, business, spiritual or other matters. Client understands that all decisions in these areas are exclusively their own and acknowledge that their decisions and actions regarding them are solely their own responsibility.
 - a. Client guarantees that if they are currently in therapy or otherwise under the care of a medical or mental health professional, they have consulted with the medical/mental health care professional regarding the advisability of collaborating with a coach and that this person is aware of Client's decision to process with this coaching relationship.
 12. **Professional Relationship:** Client understands that "coaching" is a Professional-Client relationship that is designed to facilitate the creation/development of personal,

professional, or business goals and to develop and carry out a strategy/plan for achieving those goals.

13. Comprehensive Approach: Client understands that coaching is a comprehensive process that may involve all areas of life., including work, finances, health, relationships, education, and recreation. Client acknowledges that deciding how to handle these issues, incorporating coaching into those areas, and implementing choices is exclusively client’s responsibility. Client understands and agrees with coach may collaborate with other health professionals to increase health benefits of client.

14. Release of Information: Client understands that the Coach engages, shares Client information, and collaborates with additional integrated providers and services to enhance the WHOLE health and wellness of Client.

a. **Client Agrees** _____ **b. Client Disagrees** _____

15. Entire Agreement: This document reflects the entire agreement between the Coach and the Client and reflects a complete understanding of the parties with respect to the subject matter. This Agreement supersedes all prior written and oral representations. The Agreement may be amended, altered, or supplemented only in writing by both the Coach and the Client.

16. Binding Agreement: This Agreement shall be binding upon the parties hereto and their respective successors and permissible assigns.

17. Client has read and agrees to the above Agreement.

SIGNATURE PAGE

Client Name: _____

Client Address: _____

Client Phone # _____

Client Email _____

Client Signature: _____

Date of Client Signature: _____

Coach Signature: _____

Date of Coach Signature: _____